

ErgoStretch Footrest

A unique footrest with a range of adjustments

The ErgoStretch is a unique footrest with ergonomic features and durability. The Ergostrech features a metal frame with a footplate and a raised padded bar.

Product Code

S455001



The footplate features height adjustments of 8 cm, 12 cm, or 15.5 cm, and offers an impressive tilt adjustment range of $\pm 50^\circ$. Additionally, the tilt resistance can be customized, allowing the platform to either resist movement for stability or remain free-floating to provide support or facilitate movement as needed.

Increases comfort and improves posture

The raised padded bar at the back of the ErgoStretch is positioned at a height of 35.5 cm, making it perfect for massaging the calf muscles to enhance circulation or for stretching the Achilles tendons and calf muscles.

The wide range of features that encourage leg movement makes the ErgoStretch an ideal solution for users in need of a foot rest which reduces the potential for leg cramps and thrombosis arising from extended periods of static sitting.

The adjustable footplate allows for height and angle modifications to exercise the lower extremities, helping to prevent thrombosis and improve blood circulation. Its unique design also enables leg stretching while maintaining proper posture, supported by the upper padded bar.



Features

- Height adjustment with 3 positions
- Intuitive tilt of footplate to activate the lower leg muscles
- Footplate has raised rubberised nodules that increase traction and
- Curved in angle to accommodate the office chair and still sit close to the desk
- Padded top bar for comfortable stretching out of legs and massaging calf muscles
- Robust design and construction from ABS plastic, heavy-duty powder coated steel tubing and foam padding with leather
- Rubber feet ensure a secure not slip platform

Dimensions

Width 49cm

Depth 37cm

Footplate height adjustments
Low: 8cm
Middle: 12cm
High: 15.5cm